



HYNDBURN
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Permanent Orienteering Course at Peel Park:

The course was first set up in the 1980s, but was renovated and extended in 2017 by Hyndburn Borough Council with the help of Pendle Forest Orienteers, the Prospects Foundation and supported by the Heritage Lottery Fund.

Pendle Forest Orienteers

Pendle Forest Orienteers (PFO) is committed to introducing adults and young people to orienteering. We serve the Blackburn / Burnley / Pendle / Rossendale area of Lancashire and meet regularly for competitive events, training and socials meets. Event details: Local at www.pfo.org.uk and other clubs at www.britishorienteering.org.uk

There are other POCs in the region: Gawthorpe Hall in Padiham, Gisburn Forest, Tockholes Woods near Blackburn, Witton Park in Blackburn or Wycoller Country Park. For information, e-mail: georgecrawfordsmith@gmail.com

Orienteering at Peel Park:

The POC has been developed in woodland and open areas of Peel Park, the Coppice and Plantation Road. This gives you a chance to try a non-competitive or leisure form of the sport using your map reading skills to navigate round a course of markers or "controls". Suitable outdoor footwear should be worn.

There are 26 controls (A-Z) for you to find. Suggested courses by difficulty are listed below. Alternatively, you may visit controls in any sequence in one or more visits.

| Course / Length / Climb: | Control sequence: | Control difficulty: |
|---------------------------------|-----------------------------|---|
| Easy / 1.6km / 70m | S C K J M L B E | On paths, or close to paths. |
| Medium / 1.9km / 75m | E K T I N V P A D O | Some not on paths and not directly visible. |
| Difficult / 2.6km / 115m | C Y V N H U X D O | As Medium, with more difficult terrain & route choices. |
| Hard / 3.1km / 135m | C R F Y M I P H Z Q G W A O | As Difficult, with more technical controls & choices. |

The Map:

Before starting, study and understand your map:

1. Map scale is 1:5000. Thus, 1cm on the map is equivalent to 50m on the ground. Contour interval is 5m.
2. Interpretation: Using the "Key to Map Symbols", determine the meaning of each symbol.
3. Orientation: Align paths or other line features on the map to the feature on the ground. [Note: Power lines are not shown.] Or, if you have a compass, align magnetic north (black vertical lines on the map) to the magnetic north needle of your compass.
4. Position: Follow your progress on the map. Know where you are at all times.
5. Out of bounds: Do not trespass into surrounding areas or those marked with purple cross-hatching.
6. Start & Finish (purple triangle & double circle on the map) is near the foot of the steps above Avenue Parade.
7. Control positions on the map are marked by numbered purple circles centred on the feature.
8. The control list is shown to the right of the map.

Control descriptions tell you what feature you are looking for e.g. Path junction, Small pond, etc

Control markers with single letters (bottom right hand corner, see image above) are fixed to control posts.

This letter confirms that you have successfully navigated to the correct location.

[You can ignore other letters and numbers on the marker, which are for other orienteering exercises.]

Take care! Have fun!